

YOUTH & TEEN PROGRAM GUIDE 2024 • January – May

YMCA AT PABST FARMS
www.glcymca.org

YOUTH ENRICHMENT & FITNESS | Afterschool Activities (Ages 8 & up)

The UScellular Lounge offers a safe, friendly, and casual atmosphere for youth ages 8-17. It has been a great new space for doing homework, playing games, and socializing with friends. The space includes various work/gaming stations along with an area to create! Once a week, we will be offering various classes and activities afterschool!

JANUARY

- January 10th Winter Olympics Esports Tourney
- January 16th Edible Snowman Treat
- January 25th Yoqa & Smoothies
- January 29th Salt Crystal Snowflakes

FEBRUARY

- February 7th Archery Games
- February 14th Valentine's Slime
- February 22nd- Super Smash Bros Tourney
- February 27th- Air Dry Clay: Pick your Project



FEE: \$5 Member (per activity)

MARCH

- March 5th Make your own terrariums
- March 15th Climbing Wall- Clover Craziness
- March 20th NBA 2K Tournament

APRIL

- April 4th Diamond Art
- April 10th Snap Circuits Challenges
- April 16th Mini Fruit Pizza Making
- April 22nd Corn Hole Tournament

TIME: 4:00-5:00pm

YOUTH ENRICHMENT | International Food and Art Adventure (Ages 8-14)

An adventure to remember! Each week, kids will get a glimpse of the world through food and art by focusing on different cultures and countries!



FEE: \$55 Member • \$75 CP

TIME: Wednesdays • 4:00-6:00pm

DATES: Every other week - February 28th | March 13th | March 20th | April 3rd

LOCATION: Kitchen and Senior Center

YOUTH NIGHTS | Live Y'ers (Ages 6 -12)

Live Y'ers is a great chance to hangout at the Y after hours for youth ages 6-12! Each month is a different theme along with planned activities, open gym, swimming, and more!

TIME: 6:30-9:00pm

- January 27th- Winter Wonderland
- February 17th- Mini Glow Golf
- March 9th- March Madness
- April 13th- Kickball Craziness
- May 18th- Racing to Summer



SPECIAL NIGHT!! Ages 4-12 January 13th- Y Kids Night

TIME: 5:00-8:30pm

FEE: \$25 Members/\$40 CP



FEE: \$15 Member • \$25 CP

YOUTH TRIPS | Adventure Trips (Ages 8 -13)

Looking for something to do on days off of school for youth ages 8-13? Join us for a one-day adventure trip to enjoy fun, friends, and different activities! From outdoor adventures to water parks and more, we look forward to adventuring with you!

- **FEE:** \$60 Member \$80 CP
- January 15th MSOE Stem Center (Milwaukee) 9:00am 4:00pm
- March 1st Bayview Print Company & Discovery World (Milwaukee) 9:00am 4:00pm
- March 27th Chula Vista (Wisconsin Dells) 8:00am 5:00pm
- April 26th Milwaukee County Zoo and Bowling (Milwaukee) 9:00am 4:00pm

YOUTH SPORTS | Spring & Summer Sports Leagues (Ages 3-2nd Grade)

These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and all games are played with heavily modified rules designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

- Volleyball (Grades 1st-6th): Registration closes February 4th
- Flag Football (Grades 1st-4th): Registration closes March 4th
- Soccer (U6 & U8): Registration closes March 4th
- Baseball Leagues (Grades 3rd-12th): Registration opens February 1st
- Developmental Baseball Leagues (Ages 3-2nd Grade): Registration opens February 1st



FEE: varies for each sports league. Check our website for sports specific fees.

YOUTH SPORTS | Climbing Clinics (Grades 1st-8th)

Looking for something to do over spring break? We will work on harnessing, knots, bouldering, top rope climbing, and more with an emphasis on technique, safety, trust and teamwork.

- Climbing Clinic (Grades 1-3): March 26th 11:30am-1:30pm
- Climbing Clinic (Grades 4-8): March 28th 11:30am-1:30pm



FEE: \$15 Member • \$30 CP

YOUTH RECREATION | Climbing Club (Ages 8 & up)

You are invited to join our fun, self-paced Climbing Club! Each club level will challenge you or your child to learn more than just going up the wall! Each level will consist of a punch card with various skills taught and practiced. Club Members should come during Club Climb hours where instructors will be teaching punch card skills.

Mon & Weds • 3:45pm-4:45pm

FEE: \$50 Member (per level)

OPEN CLIMB HOURS:

Mon - Thurs: 5:00pm - 8:00pm

Saturday: 10:00am - 1:00pm

ORIENTATIONS: Mon-Thurs: 6:00pm

Saturday: 11:00am



SPECIALTY SPORTS | Esports | Track and Field

Afterschool Esports Club (Ages 8-12)

Does your 8-12 year old child like video games? Are you looking for a way to give purpose to their gaming time? The YMCA Afterschool Esports Club is for you! This club offers curriculum-based learning, while also being engaging and fun for kids who are passionate about video games.

TIME: 4:00-4:45pm

DATE: Wednesdays • January 17th - February 21st



FEE: \$35 Member • \$50 CP

Track and Field (Ages 6-13)

This program is designed to teach the basics of correct running techniques in a team environment. Practice together and compete against other Ys in our end of season meets! Practices will be held at the YMCA at Pabst Farms or the Oconomowoc High School track.

Check back for more information as registration for spring & summer programming will open on March 11th for Y Members and April 3rd for Community Participants.

YOUTH EDUCATION | Babysitting Training | Home Alone Workshop

Babysitting Training (Ages 11-17)

After taking this class, you will have the knowledge and skill needed to be a safe, responsible, and successful babysitter.

- January 20th
- March 2nd & 9th
- February 3rd & 17th
- April 6th & 20th



FEE: \$65 Member • \$85 CP

Home Alone Workshop (Ages 8-10)

Learn the tools necessary to start staying home alone. We will discuss making good decisions, safety practices, first aid, and more.

- January 21st
- March 3rd
- February 4th & 18th
- April 7th



FEE: \$40 Member • \$55 CP

MIDDLE SCHOOL TRANSPORT

Get a ride on the Y bus from Nature Hill or Silver Lake back to the Y where you can hang out in the Lounge, do homework, shoot hoops, use the climbing wall or swim.

 Transport available from Nature Hill & Silver Lake Intermediate Schools only on FULL days of school.



FEE: \$3 Member (per ride)



